

The Fountain of Fitness – Privacy Policy

1. Introduction

The Fountain of Fitness (“we”, “our”, or “us”) respects your privacy. This Privacy Policy explains how we collect, use, and safeguard your information when you sign up to receive communication via text message or email from The Fountain of Fitness.

2. Information We Collect

We may collect your name, email address, and phone number when you sign up through our website, forms, or events to receive updates, offers, or promotional materials.

3. How We Use Your Information

We use the information to send you communications via SMS and/or email about promotions, updates, scheduling, events, and other relevant content related to The Fountain of Fitness.

4. Opt-Out Options

You can opt out of receiving communications at any time. To stop receiving text messages, reply STOP. To unsubscribe from emails, click the “unsubscribe” link in the footer of our emails.

5. Data Security

We take appropriate measures to secure and protect your personal data from unauthorized access, disclosure, or misuse.

6. Data Sharing

We do not sell or rent your personal information to third parties. Your information is used solely for communication with you through The Fountain of Fitness.

7. Changes to This Policy

We may update this Privacy Policy from time to time. Any changes will be reflected on this page.

8. Contact Us

If you have questions or concerns about this Privacy Policy or your data, please contact us at:
Anthony@thefountainoffitness.com